



# Instructor Pathway- Instruction Beginners

## Instructor Training Pathway

### Make Ethical Decisions \*

3.5 hours

#### Context

Instructor, Competition Introduction, Competition Development

### Instruction – Figures Module \*

2 hr class, 2 hr in pool

### Instruction –

### Planning and Athlete Development Module \*

5 hr class

### Instruction - Effective Coaching Module \*

3.5 hr class

### Instruction – Routines Module \*

2 hr class, 2 hr in pool

## Instructor Evaluation Pathway

Make Ethical Decisions (MED) On-line Evaluation

<http://nccpeval.coach.ca/production/med/e/default.asp>

#### Context

Instructor      Competition Introduction      Competition Development

### Synchro Instruction Evaluation \*

Coach must submit a portfolio and will be observed by an Evaluator while training his/her athletes

#### Outcomes

1) Plan a Practice    2) Provide Support to Athletes in Training    3) Analyze Performance

= **Certified Instructor**

### Maintenance of Certification/Professional Development

*Within 4 years after certification date the coach must participate in one of the options listed below*

- A. Participate in any 2 modules offered by the NCCP (*Including Multisport, Synchro Specific, or other Sport Related*)
- B. Participate in Learning Facilitator Training
- C. Participate in 2 Days of Conference

*Any other events may be pre-approved by your Synchro Provincial Office or the Synchro Canada office.*

### Legend

Solid Red Box – Mandatory      Broken Orange Box – Optional but Strongly Recommended

\* Blue Asterisk – To register contact you Provincial Multi-Sport Org. (ex. Sport BC)

\* Pink Asterisk – To register contact your Provincial Synchro Org. (ex. Synchro PEI)

**In Training** – *will be your status if you have completed some but not all of the training modules*

= **Trained Instructor**