

Competition Development

In order to become a Competition-Development Certified coach in Synchronized Swimming the following Sport Specific Courses, Multi-Sport Courses, Projects/Papers and Evaluations are required.

Competition Development Multi-sport Modules

- a) Developing Athletic Abilities – synchro candidates are not required to take the multi-sport module, there is a sport specific module.
- b) Coaching and Leading Effectively
- c) Prevention and Recovery
- d) Managing Conflict – mandatory evaluation on line
- e) Leading Drug Free Sport – mandatory evaluation on line
- f) Psychology of Performance
- g) Make Ethical Decisions – mandatory evaluation on line

This course can be done at an in-class workshop. Upon completion of the course, candidates are required to take the on-line evaluation. Candidates may take the on-line evaluation without taking the workshop.

Competition Development Synchro Specific Modules

- a) Developing Athletic Abilities
- b) Planning a Practice
- c) Performance Planning
- d) Analyzing and Teaching Figure Abilities
- e) Analyzing and Teaching Routine Abilities
- f) Manage a Sport Program

Required Projects

- g) Coach Portfolio

Evaluations

- a) Making Ethical Decisions (Multisport online evaluation)
- b) Managing Conflict (multisport online evaluation)
- c) Leading Drug-Free Sport (multisport online evaluation)
- d) Practice Observation Evaluation & Debrief
- e) Competition Observation Evaluation & Debrief

For additional information regarding the Synchronized Swimming coaching pathway, please see [NCCP Competition-Development Pathway for Synchro Canada](#).

To take the multi-sport courses go to Alberta Sport Connection's website:

<http://www.albertasport.ca/sport/coaching-development.aspx>

Click on the "National Coaching Certification Program" logo to find a listing of current courses in Alberta