



RULE BOOK

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1.0 MEMBERSHIP

1.1 CLUB AFFILIATION

1.11 Competitive club

A club composed of swimmers who compete. This club may include competitive and recreational swimmers

1.12 Recreation Club

A club composed of swimmers who do not compete. This club includes recreational swimmers only.

1.2 SWIMMER AFFILIATION

1.21 Competitive swimmer

A swimmer who competes against others at competitive meets is considered a competitive swimmer.

1.22 Recreational swimmer

A swimmer who does not compete in any competitive meets is considered a recreational swimmer.

2.0 SANCTIONS

Sanction requests must be sent to the Synchro Alberta (SA) office accompanied by the necessary fee. Sanctions must be obtained 14 days prior to any competition. Contact the Provincial Office for the sanction policy and forms.

3.0 COMPETITIONS

3.1 ELIGIBILITY

3.11 A Novice category will be open to swimmers that are 11 years of age and older by December 31st of the competitive season, who have not been registered or competed as a competitive swimmer in the past. A swimmer will only be able to swim in this category for 1 year. The Novice figures and routine times will be as per the 11-12 category. All swimmers on teams and duets must be eligible to swim and be swimming in the Novice category.

3.12 All swimmers must swim in the appropriate Qualifier meet in order to advance to the next meet. Exceptions may be granted to those with a medical note.

3.13 In Provincial Champions the top 24 solos, duets and teams from the Qualifier will qualify for the Wildrose Classic.

3.14 In National Champions the top 24 solos, duets and teams from the Qualifier will qualify for Provincials.

3.2 FEES

3.21 Wildrose and Provincial stream entry fees will be reviewed annually and determined by the Synchro Alberta Board of Directors.

3.22 Invitational entry fees are up to the host club, but must be self funding.

3.23 Entry fees for all meets are non-refundable.

3.3 AWARDS

3.31 Synchro Alberta ribbons will be awarded for 1st to 6th place for all Qualifier figure, routine and championship results.

3.32 Synchro Alberta medals will be awarded for 1st to 3rd and ribbons for 4th to 6th place for championship results at Provincials and Wildrose Classic. Synchro Alberta ribbons will be

awarded for 1st to 6th place for all figure and routine results at Provincials and Wildrose Classic.

- 3.33 Synchro Alberta ribbons will be awarded for 1st to 6th in all events for Masters.
- 3.4 All Synchro Alberta meets must have a Meet Manager, venue and host club by the September 1st preceding the competitive season.

4.0 PROTESTS

In the event of a protest during a competition, the protest will be submitted as follows:

1. in written format
2. to the Chief Referee;
3. by the Club Head Coach or designated alternate;
4. include a deposit of \$50.00 (returnable if the protest is successful);
5. within 30 minutes of the conclusion of the respective event.

5.0 OFFICIALS & OFFICIATING

5.1 MEMBERSHIP

All officials (judge or referee) must be a member of Synchro Alberta in a category as defined by the Synchro Canada Registration Policy.

- a. Provincial official – is an official (judge, referee, etc.) participating at the regional and/or provincial level.
- b. National official – is an official (judge, referee, etc.) participating at the national and/or international level.

5.2 CLASSIFICATIONS AND QUALIFICATIONS OF OFFICIALS

5.21 Judges

- Official 1A: can judge up to 11-12 age category figures only, can examine Stars 1-5
- Official 1B: can judge up to 11-12 age category routines only, can examine Stars 1-9
- Official 1: can judge up to 11-12 figures and routine, can referee up to 11-12 age category figures & assistant referee up to 11-12 age category routines and can examine Stars 1-9
- Official 2A: can judge all age group figures, can examine Stars 1- Superstar 3
- Official 2B: can judge all age group routines, can examine Stars 1- Superstar 6
- Official 2: can judge & referee all age group figures & routines and can examine Stars 1 – Superstar 6
- Official 3: can judge all age group figures & routines up to Espoir Championships
- Official 4: can judge at any National Championships

5.22 Referee

- Official 1C: can assistant referee and referee figures at competitions and/or assistant referee routines in the 11-12 age category
- Official 2C: can assistant referee and referee all figure and routine meets up to Provincials
- Referee 3: can referee at Provincial and Divisional Championships.
- Referee 4: can referee at National Championships.

5.3 Judges Panels

5.31 Judges will be selected for panels based on their classification and qualifications.

5.32 Judges are to have no conflicts: coach or relative of a swimmer in the respective event.

5.33 For figure events each judges panel should have 5 judges where possible and a minimum of 3 judges.

5.34 For routine events the ideal situation is 15 judges whereby you have 5 for Execution, 5 for Difficulty, and 5 for Artistic Impression. A minimum of 9 judges is required to hold a routine event. At the discretion of the Judges Chair, Head Judge and/or Chief Referee; panels may be set to accommodate available judges. It is not necessary to have the same number of judges on each panel.

5.4 Judges must re-certify every four years in conjunction with FINA figure changes. Judges and Referees must re-certify when FINA rule changes occur that affect the judging process.

5.5 Jury of Appeal for all Provincial Championships and all other meets within the Province shall be named by the Judges Chairperson or appointed designate.

5.6 The Chief Referee is in complete charge of the meet.

6.0 COACHING

6.1 MEMBERSHIP

Anyone coaching in a Synchro Alberta club must be an affiliated member of Synchro Alberta in a category as defined by the Synchro Canada Registration Policy.

- a. Provincial coach – a coach who will be coaching on-deck for provincial sanctioned meets or coaches only within their local club and not at the National level.
- b. National coach – a coach who will be coaching on-deck for national sanctioned meets in addition to provincial meets.

6.2 All coaches at Wildrose Classic, Provincials and Masters Provincials must be a minimum Competition Introduction coach. Coaches have up until their third time coaching at Wildrose Classic, Provincials and Masters Provincials to meet the minimum standard as defined previously. Any coach coaching at their third Wildrose Classic, Provincials and Masters Provincials who does not meet the applicable minimum standard will not be accredited to be on pool deck during this meet.

7.0 MASTERS RULES

(These are rules limited to Synchro Alberta, which are supplemental to Synchro Canada and FINA rules)

7.1 ELIGIBILITY:

7.11 Masters synchronized swimming is open to all competitors 18 years of age or older, who are no longer engaged in Amateur Provincial or Canadian Competitions. Once an athlete affiliates as a master swimmer, he/she may not compete as an amateur swimmer in that competitive season, nor hold an amateur card in synchronized swimming (i.e. now holds a master's card as opposed to an amateur card.)

7.12 Female and male athletes will compete together in all events.

7.2 AGE REQUIREMENTS

7.21 Age Groups:

Solo and Duet: 18-29, 30-39, 40-49, 50-59, 60-69, 70+.

Trios and Teams: 18-34, 35-49, 50-64, 65+.

Combo: 19-39, 40-64, 65+.

7.22 For duets, trios, and teams the age is determined by the average age of the competitors.