


## Star 6 Test Sheet

 <b>Name &amp; Club</b>	<b>CASSA #</b>	<b>Vertical Position and Vertical Descent</b>	<b>Crane and Fishtail Position</b>	<b>Front Pike Position to Crane Position</b>	<b>Crane Position to Bent Knee Vertical Position</b>	<b>Boost (one arm raised)</b>	<b>Kipnus</b>	<b>Neptunus</b>	<b>Bent Knee Vertical Switches and Level Changes</b>	<b>Routine Element – Head first scull, Kipnus to Bent Knee Vertical, Leg switches, descent to ankle height, tuck, Breaststroke to surface, Eggbeater stationary</b>	<b>Routine Propulsion &amp; Transitions - shoulders open Kick-Pull, Kick-Pull-Kick-Over, Kick-Pull-Kick-Airplane, Kick-Pull-Kick-Backstroke (1 stroke), Back Layout, assume a Ballet Leg</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
1.														
2.														
3.														
4.														
5.														
6.														
7.														
8.														
9.														
10.														

Pass Mark = 4.5 \*Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)

**Signature of Official** \_\_\_\_\_

**Test Location:** \_\_\_\_\_

**Test Date:** \_\_\_\_\_

**Host Club:** \_\_\_\_\_