



# 2018 AB WINTER GAMES ZONES 1-8 TRIALS



**Saturday, December 9, 2017**

NAIT, Edmonton, Alberta  
Hosted By: Synchro Alberta

## EVENTS:

Duet (includes figures)  
Team (includes figures)

## ELIGIBILITY:

1. All participants must be competitive members of Synchro Alberta for the 2017-2018 competitive season.
2. Athletes must be able to compete in the 11-12 Age Group or the 13-15 Age Group within the Provincial Stream.
3. Swimmers who are 11-15 years of age as of December 31, 2018.
4. Athletes must compete at Zone Trials in order to advance to the Alberta Winter Games.
5. Alternates may register and compete at the Zone Trials however **ALTERNATES ARE NOT ELIGIBLE** to compete at the Games.

## ZONES:

Zone 1: Lethbridge Synchrobelles  
Zone 2: Airdrie Synchro Swim Club, Okotoks Synchro Sea Queens  
Zone 3: Calgary Aquabelles, Calgary Elite, Calgary Winter Club, Killarney Synchro  
Zone 4: Camrose Cygnets, Red Deer Synchro  
Zone 5: Leduc Synchro Silhouettes, Strathcona Synatics  
Zone 6: Auroras, Excel Synchro, Nova Synchro  
Zone 7: No clubs currently registered in this zone  
Zone 8: Grande Prairie Synquatics, Slave Lake Indicas

## RULES:

The meet is governed by the rules outlined by those in the Alberta Winter Games Sport Technical Package, Synchro Canada and Synchro Alberta in their respective rulebooks. Please refer to those rulebooks for clarification. **For any technical questions please direct them to the Chief Referee, the Meet Manager or Jennifer Flowers at the Synchro Alberta office.**

**MEET MANAGER:** Kim Strachan: [k.strachan13@gmail.com](mailto:k.strachan13@gmail.com) Phone: 403-804-0271

**CHIEF REFEREE:** Brent Olynyk: [brent@traumascenebio.ca](mailto:brent@traumascenebio.ca) Phone: 780-801-8151

**ASSISTANT REFEREE:** Chris Hampshire: [hampshire.christine@gmail.com](mailto:hampshire.christine@gmail.com) Phone: 403-243-7599

**COMPETITION CHAIR:** Chris Profiri: [cprofiri@shaw.ca](mailto:cprofiri@shaw.ca) Phone: 780-472-2149

## ENTRIES: DUE NOVEMBER 17

- ◆ Send entry fees and entry report to Synchro Alberta, 11759 Groat Rd., Edmonton, AB, T5M 3K6.
- ◆ Zone Trials fee \$20 per swimmer – paid via club cheque. Payable to Synchro Alberta.
- ◆ Alberta Games fee \$60/athlete. Cheques must be per individual and payable to Synchro Alberta. Combined family cheques or club cheques will be returned. Athletes who do not qualify will have their cheques shredded.
- ◆ **All Entry forms and fees are due November 17<sup>th</sup>.** Entry Fees are non-refundable after the entry deadline.
- ◆ Coach NCCP transcripts must be submitted with entries.
- ◆ T-shirt order forms must be included with entries.

## **SURCHARGE FEES:**

An \$8 surcharge per swimmer per event is to be made payable to Synchro Alberta and **mailed to Synchro Alberta.** **Please use the attached SA Surcharge Calculation form and include a printed copy when mailing in your fees.** Please make sure that you register the number of athletes in the duet and team categories NOT the number of routines. There is a separate box for alternates for teams and duets. Alternates are not eligible to participate at the Games. Athletes who scratch after the entry deadline are subject to the \$8 surcharge fee.

## **ENTRY FORMS:**

Entries are to be submitted through Synchro Canada's "**e-sport on line registration**". The e-sport on line registration is located on the Synchro Canada website under Member Info. Next you must login using your club user name and password. Once logged in, choose event management and select the event you wish to register for.

When you have completed your entries, please save a copy of your registration report as a pdf document. When saving the file, **it is important that you add your club abbreviation to the end of the file name** so the recipients can distinguish one entry from the next. Please use the following nomenclature: "**2018 ABWG Trials – club initials**". If you need to edit your entry forms, please re-submit your form with the word "edit" added to your file name. Once saved, email your report to the following individuals:

Meet Manager: Chris Profiri – [cprofiri@shaw.ca](mailto:cprofiri@shaw.ca)  
Technical Coordinator: Jennifer Flowers - [abwgentries@synchroalberta.com](mailto:abwgentries@synchroalberta.com)

\*\*Please note that the information submitted into the e-sport on line registration system is automatically downloaded into the scoring program so please ensure that the information submitted is accurate.

**Entry fees are to be mailed Synchro Alberta and must be received by the deadline.**

**All athletes and coaches of the Alberta Winter Games Trials will be required to register for the Alberta Games on-line at [www.albertawintergames.ca](http://www.albertawintergames.ca). This database opens on November 1<sup>st</sup> and all zone trials participants must be registered by December 6<sup>th</sup>. This information will be used by Alberta Sport Connection in the event you qualify for the Games.**

**Anyone interested in chaperoning must also be registered on the Alberta Winter Games database by December 6<sup>th</sup>. Chaperone's will be contacted following the zone qualifier announcements and will only be contacted if spots are not filled by coaches.**

## **LATE ENTRIES:**

**Each routine** whose entry had not been received or was incomplete by the stated deadline(s) is automatically assessed a \$25 fine as per the Synchro Alberta Finance Policy. It is the coach's and/or swimmer's responsibility to pay this fine to Synchro Alberta prior to the start of the meet or to the meet manager one hour before the beginning of the competition for that category. Failure to do so shall result in disqualification. Late entry fees are payable to Synchro Alberta.

**Entries will only be considered complete when all on-line registration is done, reports have been submitted to the appropriate people and all fees have been received by the meet manager.**

Athletes who quit, are unable to compete or choose not to swim in the meet after the deadline will be considered scratches and must not be removed from the meet entries. These swimmers must appear on the results as scratches. Fees and surcharges are still applicable to all scratches after the entry deadline.

## TENTATIVE SCHEDULE:

Deck Access: 9:00am

Competition (incl. warm-ups): 9:30am to 6:30pm

Duets (warm-up and competition)

Figures (warm-up and competition)

Teams (warm-up and competition)

**Times will be determined once entries have been received.**

## FIGURE DRAW:

Straight Ballet Leg	Kip
Arianna	Rio

## PRE-SWIMMERS

Please enter any interested swimmers on the pre-swimmer registration form **and submit your entry form with your fee to the Synchro Alberta office by the deadline. Pre-swimmer registration forms are due midnight November 17, 2017.** No entry fees apply however pre-swimmers must pay the surcharge fee of \$8 per athlete per entry. Cheques are payable to Synchro Alberta and will be processed after pre-swimmers have been announced. The Competition Chair and the Chief referee will receive a copy of the pre-swimmer forms from Synchro Alberta and will determine the schedule for the pre-swimmers. Synchro Alberta will have no more than two pre-swimmers per figures age group and/or panel and no more than two pre-swimmers per grouping of routines. Coaches/clubs will be contacted by the Technical Coordinator or Chief Referee for confirmation of selected pre-swimmers and their respective schedules. For candidates that are not successful, cheques can be shredded or returned.

Pre-swimmer registrations for figures and/or routines may be accepted at the meet only with the approval of the Competition Chair and with the \$8 per swimmer per entry fee payable to Synchro Alberta and given to the meet manager.

Pre-swimmer registration forms can be found on Synchro Alberta's website on the "resources" page.

## MEETINGS

The Coach's meeting will take place approximately fifteen (15) minutes prior to the start of the meet. The time and location will be announced at a later date and added to the meet schedule. The Chief Scorer, Chief Referee and all Head Coaches must be present. In the event subsequent meetings are required, the Chief Referee will communicate the time and location of such meeting as soon as possible.

## MUSIC

Digital music will be used at this competition. Music must be uploaded to the Synchro Alberta website by **November 27, 2017.**

### Music Format

- There must be one digital file for each registered routine in one of the following formats:
- AIFF files with an .aif file extension, ACC files with an .acc file extension, mp3 files with an .mp3 file extension or Wave files with a .wav file extension.
- Coaches should review each digital file for quality, timing and completeness
- It is suggested there is a 3-5 second lead from "play" until the music starts.
- Naming the digital music files:
- Each routine/music file must be names as follows:
- Swimmer Last Name \_ First Name \_ Age Group \_ Event \_ Club Name \_ Coach Last Name\_ format
- Samples of how to name files:
- Jones \_ Jane \_ 16-18 \_ Solo \_ SynchroClub \_ Johnston\_.mp3
- Senior \_ Tech Team \_ SynchroClub \_ Smith\_.mp3
- Clubs must use the submitted music during spacing to ensure all music is correct prior to the start of the competition. Please also review solo music during spacing or prior to the start of the competition with music manager (he or she will be available during spacing to complete this review).

## GELLING AND MAKE-UP

Absolutely no glitter make-up or glitter will be allowed. Lifeguards will ask any athlete with glitter on to remove it prior to entering the pool.

## CODE OF CONDUCT

To ensure that synchronized swimmers continue to uphold a high standard of conduct, and that we are always welcomed at pool and hotel facilities, we respectfully ask that coaches discuss with their swimmer the following code of conduct and require them to abide by it:

- All street shoes **MUST** be removed when on the deck area.
- All food must be consumed in the designated eating areas. No food or drinks are allowed in the change rooms, hallways or deck areas.
- Gel is **ONLY** to be done in the specified gel room. No gelling of hair will be permitted on the pool deck or in the change rooms. Gel used for competitor's hair must not be disposed of in the sinks. Please put unused gel in the garbage. Do not gel hair in the stands or on the pool deck. We ask that where possible, athletes have their hair gelled in the hotel rooms prior to coming to the pool and that the same courtesy is used at the hotel and that all gel is mixed in disposable containers and the excess disposed in the garbage and not down any sink or toilet drains.
- Athletes do not wash their hair in the sinks.
- Coaches are responsible to ensure that no swimmers remove bobby pins, hairpins, or hairnets in the pool area. They are to be removed only in the change area and disposed of in the garbage or marked containers then the coaches are to ensure that no bobby pins are left on the floor or counters.
- All athletes are to behave in a mature manner, respecting the guidelines set out by the facility.
- All facilities are to be left in the manner in which they were found at the beginning of the day.

## VOLUNTEERS

Synchro Alberta will be looking for volunteers to assist at this meet. **Please let your members know that we need their help** and that it's easy to sign up for the volunteer position of their choice at the meet. Please contact Jennifer Flowers at [jflowers@synchroalberta.com](mailto:jflowers@synchroalberta.com) and indicate which position you wish to fill and any time limitations you may have.

The following positions will need to be filled: 2 people/shift (2 to 3 shifts)

- Hospitality for Official's – food and beverages will be provided by Synchro Alberta, an individual will be needed to manage the official's room.

FIGURES: 1 shift

- Figure Panel Referee #1 (need 4) – Calls out the judge's marks to the score people
- Figure Panel Marshal (need 4) – Ensures the order of the swimmers and prompts each swimmer
- Score People for Figures (need 12) – Record the judges scores

ROUTINES: 2 shifts (Duets, Teams)

- Timers (need 3) – Times all routines (walkout, deck work and routine times)
- Music Manager – manages the music throughout the event as per the referee's directions
- Routines: Runners (need 2) – collect the chits from the Judges

Positions will be filled on a first come first serve basis.

## CHAPERONE INFORMATION:

Please note that each zone is allowed 3 coaches or chaperones. In most cases these spots will be filled by coaches. In the event there is room and necessity for a parent chaperone, qualifiers in the respective zone will be contacted.



## ABWG ZONE TRIALS REGISTRATION CHECKLIST:



The following items **MUST** be included in your registration  
Everything **MUST** be sent in one package

	\$20 Entry Fee per athlete – club cheque
	\$8 Surcharge Fee per athlete per event – club cheque
	\$60 per athlete – individual cheques per athlete
	Coach NCCP transcripts – per coach
	T-Shirt order form

The following items **MUST** be completed by December 6<sup>th</sup>:

	Register each athlete on the <a href="#">Games Website</a>
	Each athlete completed on-line waivers