



# TECHNICAL REGULATIONS

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## 1. ELIGIBILITY

In order to be eligible to register in a Synchro Alberta sanctioned competition, athletes must be current competitive swimmer members with Synchro Alberta.

## 2. SANCTIONS

All competitions in the province must be sanctioned by Synchro Alberta (SA) as per the Synchro Alberta Sanctioning Policy.

## 3. EVENTS

### 3.1. TYPES

- i. SA Sponsored – qualifying and provincial events including National Stream Qualifier and Provincials, Wildrose Qualifier and Classic and Masters Provincials
- ii. Invitationals – events hosted by Synchro Alberta clubs not defined in 3.1.1
- iii. Synchro Alberta Partnered – events where SA has partnered with an external stakeholder to include but not limited to Synchro Canada competitions, SYNC, or Alberta Winter Games.

### 3.2. ENTRY FEES

- i. Entry fees for sponsored meets are determined by the SA Board as per their Finance Policy.
- ii. Invitational fees are set by the host club to make the meet self-funding.
- iii. Entry fees for partnered meets are set by the governing body identified for the event.
- iv. Entry fees for all meets are non-refundable.

## 4. OFFICIALS

4.1. All officials (judge, referee or scorer) must be a member of SA in a category as defined by the Synchro Canada Registration Policy.

### 4.2. Panels for meets

- i. All panels for all meet types will be managed by the committee member assigned by the Officials Committee, in accordance with CASSA rules, with the exception of a Synchro Canada or International meet.
- ii. Minimum certifications for meets will be as per the respective Officials Certification policy.

4.3. The Head Judge is in charge of the judges and the Chief Referee is in complete charge of the meet once it begins.

## 5. COACHES

5.1. Only member coaches listed on the coach roster for entries will be allowed on pool deck provided they meet the minimum certification required.

5.2. Minimum certification requirements for deck privileges at Provincials, Wildrose Classic and Masters Provincials are as per those outlined in the Coach Certification Policy

## 6. PROVINCIAL EXCEPTIONS TO THE CASSA RULES

### 6.1. AWARDS

- i. Synchro Alberta ribbons will be awarded for 1<sup>st</sup> to 6<sup>th</sup> place for all Qualifier figure, technical and free routine and championship results.
- ii. Synchro Alberta medals will be awarded for 1<sup>st</sup> to 3<sup>rd</sup> and ribbons for 4<sup>th</sup> to 6<sup>th</sup> place for championship results at Provincials and Wildrose Classic. Synchro Alberta ribbons will be awarded for 1<sup>st</sup> to 6<sup>th</sup> place for all figure, technical routine and free routine results at Provincials and Wildrose Classic.

- iii. Synchro Alberta ribbons will be awarded for 1<sup>st</sup> to 6<sup>th</sup> in all events for Masters Provincials.
- 6.2. Provincial Stream
- i. A Novice category will be open to swimmers that are 11 years of age and older by December 31<sup>st</sup> of the competitive season, who have not been registered or competed as a competitive swimmer in the past. A swimmer will only be able to swim in this category for 1 year. The Novice figures and routine times will be as per the 11-12 category. All swimmers on teams and duets must be eligible to swim and be swimming in the Novice category.
  - ii. All swimmers must swim in the appropriate age category and event in the Wildrose Qualifier meet in order to advance to the Wildrose Classic. Exceptions may be granted to those with a medical note.
  - iii. The top 24 solos, duets and teams from the Qualifier will qualify for the Wildrose Classic.
- 6.3. National Stream
- i. All swimmers must swim in the appropriate age category and event in the Provincial Qualifier meet in order to advance to the Provincials, with the exception of the 13-15 figures event which will be open. Further exceptions may be granted to those with a medical note.
  - ii. The top 24 solos, duets and teams from the Qualifier will qualify for Provincials.
- 6.4. Masters Stream
- i. Masters is open to all competitors 18 years of age or older, who are no longer engaged in Amateur Provincial or Canadian Competitions. Once an athlete affiliates as a master swimmer, he/she may not compete as an amateur swimmer in that competitive season, nor hold an amateur card in synchronized swimming (i.e. now holds a master's card as opposed to an amateur card.)
  - ii. Female and male athletes will compete together in all events.
  - iii. Age Requirements
    - b. Age Groups:
      - i. Solo and Duet: 18-29, 30-39, 40-49, 50-59, 60-69, 70+.
      - ii. Trios and Teams: 18-34, 35-49, 50-64, 65+.
    - c. For duets, trios and teams, the age is determined by the average age of the competitors.